

**Those who run after happiness  
Will never be happy.  
Happiness is something  
That has to come to the fore  
From within.**

**- Sri Chinmoy**



**THE HAPPINESS PROJECT**

For further quotations / poster requests / information please visit:  
[www.meditationauckland.co.nz](http://www.meditationauckland.co.nz) - [www.jewelsofhappiness.com](http://www.jewelsofhappiness.com)

Phone: 022 188 7432